

Course Delivery Name	Online Mental Health First Aid Adult (02 to 03 Jul 2020)
Lead Instructor	Tim Lloyd
Co-Instructor	Tim Lloyd

Please note, these are average scores based on the total number of feedback forms completed. Scores are from 0 – 10 where 0 is the lowest and 10 is the highest.

Questions Asked	Average	Total Completed
Confidence before	4.78	9
Confidence after	9.00	9
Knowledge before	5.00	9
Knowledge after	8.89	9
Lead instructor rating	10.00	9
Co-instructor rating	10.00	8
Likelihood of recommending the course	9.88	8

### Comments

Had a really enlightening time. Great course content, interesting topics and discussions. A shame that the current situation brought it outside of the classroom, but still a thorough and complete course. The post-course information and access sounds really helpful, so happy with the course overall.

I've already recommended this to colleagues and friends! I thought the online delivery worked really well.

The course was very helpful and the team was very engaging. The way they did the activities helped the team to share ideas and experiences and I have learnt so much in the 2 days

The online format was a little glitchy, I had to use my mac as it wouldn't work on my work laptop. Otherwise it was great. Trainers were excellent, was a really great experience.

This was an excellent course, Tim is very knowledgeable and having the second chap there for admin etc was really useful. The course was structured very well online and I really feel I have learn a lot. The manual is also an excellent resource with lots of useful reference for continued learningMany thanks

Tim and Michael found a way to make a course that could feel very heavy and draining one that was enjoyable, with enough light moments and humour, but that never diluted the importance of the subjects we were covering. They made it an environment I felt comfortable talking openly within - one without judgement but a lot of encouragement. The only element I wasn't a fan of was the reports which graded our individual learning, as unless we know how they are grading us it doesn't seem a fair thing to do and added a layer of apprehension - although I understand you want to ensure people are doing this work. Next to some of the questions it may have been helpful to know how much detail they would like us to go into, how in depth - so perhaps a guide about how long should be spent on the question for instance. It would be great to be sent a list with links within one email of all the videos we viewed during the course too as some of them were very inspiring and powerful. The course has inspired me to want to continue my learning a seek out a career within mental health, so thank you for reassuring me that this is the path I want to be on.

Tim was great, very knowledgeable and calm clear delivery style

Tim was really good at explaining everything clearly and answering all of our questions - thank you!