

Course Delivery Name	Online Mental Health First Aid Adult (22 to 23 Jul 2020)
Lead Instructor	Tim Lloyd
Co-Instructor	

Please note, these are average scores based on the total number of feedback forms completed. Scores are from 0 – 10 where 0 is the lowest and 10 is the highest.

Questions Asked	Average	Total Completed
Confidence before	4.38	8
Confidence after	8.75	8
Knowledge before	4.63	8
Knowledge after	9.00	8
Lead instructor rating	10.00	8
Co-instructor rating	9.64	7
Likelihood of recommending the course	9.75	8

## Comments

A really useful course, enhanced by Tim's knowledge and experience.

Amazing.....Thank you to Tim, Michael and MHFA for a brilliantly run course about a very difficult subject matter.I've learnt lots over the past 2 days, not just how to be a MHFAider, but about different aspects of Mental Health In general and how and why it's important to think about my own MH, before helping others.This was my very first online learning course.....and I have to admit it will be one that I will never forget, due in part to the subject matter, but especially to the instructors Tim and Michael.....they made the course. Tim's background knowledge as a MH nurse was second to none, as he was able to pull on his experiences and make the course become alive, even in these challenging times of working, staying and learning at home due to COVID-19.Another thing that helped was the array of people on the course.....across different parts of the UK.One thing I found slightly difficult, but fortunately Tim and Michael helped as much as they could.....as there were a few of us in the same position, was that because I had registered late for the course (day before) and with it being a back to back course (which is what I personally wanted), I didn't have full access to the workbooks and manual. Fortunately Michael was able to send me digital copies of the workbook, and MHFA sent through a link to Sessions 1&2 of the manual, on the first day. But neither Tim or Michael were able to send digital copies or a link from MHFA for today's sessions 3&4.....but it didn't dampen my enthusiasm for the course, which I will be recommending to my Head at school on return.So many thanks for proving this online version of the course, that I was able to access from home, without having to travel miles or hours to attend.

Excellent course , well run by Tim Lloyd and Micheal.Being on line worked well and with very few glitches.Course manual loaded with very useful information , guides and references.Really enjoyed it .Thank youMark Bonham

The course was delivered in a professional yet relaxing way. I am impressed by the skill and knowledge that Tim has and his ability to facilitate a difficult topic like this. The atmosphere that was created made it comfortable for me to share my personal experiences without reservation. This is the most valuable course I have attended.

Tim was extremely knowledgeable, very approachable and clear and concise in his delivery of the course,

Very well done and organised

Well what can i say, i have just completed the 2 day course, it was brilliant, the pace, professionalism and personal touch both Tim and Michael brought to the course, i would highly recommend these guys, the proficiency of setting

## Comments

everything up, the materials and the course content was amazing!They are both a credit to MHFA  
EnglandRegardsAngie